

SPECIALIZING IN:

- ✓ Business and Government Enrichment
- ✓ Executive Performance Consulting
- ✓ Information Technology
- ✓ Income Tax Services
- And More

## Executive Performance Consulting

### Misplaced Dedication and Priorities

*Written by Dr. Johnny E. Lovejoy, II*

*Released: July 5, 2007*

Have you misplaced your dedication and your priorities when it comes to fulfilling your commitment to your family (husband, wife, and children) relationship? Before your answer – just sit back and give this question some serious thought.

Now, ask yourself if any of the following apply. Do you:

- make excuses to spend long and unnecessary hours at work? • place intense focus into solving the smallest of detail? • spend time to plan your work schedule?
- use and follow-up on goals and goal setting?
- put effort into co-worker work-place problem-solving and relationship-building?

The list can go on forever, but at this point I believe that you're getting the message. The point is – Are you providing more effort/attention to relationships with strangers at work than you are to your relationships at home?

As a professional I shouldn't have to tell you about the importance of maintaining the client relationships that you've cultivated and worked so hard to build. You have most obviously done that part extremely well because of what you have achieved thus far. You have been able to realize your inner/external motivation, your drive for achievement/wealth. You were motivated to keep-up with your work associated relationships because of that immediate gratification mentioned.

However, being the busy and intelligent professionals you are, you have forgotten about your significant other(s), your spouse, and children. Yes, from time-to-time even I require a sometimes strong reminder to redirect my dedication and priorities (focus) back at home, where they really belong!

One might ask themselves, why is this reminder important to a healthy work environment? I have been consulting many leaders in business and government for over 22 years. During that time I have seen many wonderful careers ruined due to poor relationship performance at home, which lead to other associated problems such as, divorce, drug & alcohol addition, addition to other adverse behaviors, and of course suicide, etc. Let's not forget about other health/medical/mental effects that having a poor home-relations can cause.

Give this some serious thought, that we as the top professionals either in our business (President, CEO, Owner, etc.) or within government (Politician, Elected Official, Executive, Military, etc.) are the decision-makers, and seem to be the worst at following this very logical advice! We tend to be our own worst enemy because we exude a strong "Type-A" personality. Extremely high driven. We also have very high expectations of ourselves and expect the same performance levels from others around us as well. We are likened to little "Borg" drones within our galaxies of influence – sometimes oblivious to our surroundings, but focused on the mission at hand. This viewpoint can come at a cost too high to recover from.

For healthy business performance to thrive, we must remember to give greater devotion and priority to your relationships at home than we give to others not so "familiar". The result if you do and allow others to do as well will inspire greater/enhanced performance in the work-place. Just a reminder...

Dr. Lovejoy is the Founder & CEO of the Professional Consultancy Firm of Lovejoy & Associates.

Copyright © 2007, Lovejoy & Associates, All Rights Reserved Reprint of any kind is not permitted without proper authorization